

July 19, 2021

Canadian Aikido Federation CAF



Dear CAF Students,

We have all been anticipating a return to normal Aikido activities and the chance to enjoy practicing together once again. In June, Health Canada began advising of significant reductions in new COVID-19 cases across the country. It is also reported that vaccinations have been reaching levels that now allow the easing of restrictions. This is very positive news and something we can all celebrate in.

As we return to our new version of normal, the CAF encourages a mindful and careful return to enjoying Aikido practice together. Health and safety should be the focus for each of us as we move towards a return to in-person activities. The CAF recommends that all individuals remain aware of the COVID-19 risks and to seek out federal and local guidelines, information and resources in order to keep yourself and those around you safe in this time.

We wish you good health and safety as we continue to share in Aiki spirit.

Sincerely,

The CAF Board